Signing up is easy!

To apply by phone, call toll free 1-833-522-5582 between 8 AM and 7 PM Monday through Friday, or 9 AM to noon on Saturday (TTY for deaf or hearing impaired: 1-888-221-1590). Interpreters are available.

To apply online, visit commonhelp.virginia.gov. You can also apply at your local Department of Social Services.

When applying, we’ll try to verify your household income electronically. If we’re unsuccessful, we’ll ask for proof of income (paycheck stubs or a letter from your employer).

You can also apply for FAMIS if you are caring for a grandchild or relative’s child.

There are also premium assistance programs called FAMIS Select and HIPP for Kids

If your children are enrolled in FAMIS, the FAMIS Select program lets you choose between FAMIS and an employer’s health plan. FAMIS Select gives parents who choose employer health insurance $100 per child, per month, to help pay the child’s portion of the premium. But you must first apply for and be enrolled in FAMIS.

The Health Insurance Premium Payment (HIPP) For Kids Program is a premium assistance program for children under the age of 19 enrolled in Medicaid. For children who are eligible for or enrolled in qualified employer-sponsored coverage and also eligible for Medicaid, HIPP may help pay for some or all of the cost of the health insurance premium.

For more information on these premium assistance programs, go to coverva.org.

Call 1-833-522-5582 to apply or go to coverva.org for more information.

Se habla español.

TTY for deaf or hearing impaired: 1-888-221-1590
Find out if FAMIS or Medicaid is the right plan for your children

FAMIS is Virginia’s health insurance program for uninsured children. Both FAMIS and children’s Medicaid provide quality health care for children. If your children qualify, they will be enrolled in either FAMIS or Medicaid based on your household size and income.

FAMIS and Medicaid cover the regular care children need to keep them healthy, plus the services that will help them get better fast if they get hurt or sick. And best of all, you can choose your child’s health plan and doctors. FAMIS keeps your personal information private—we just want to help you keep your children healthy. Your information will NOT be shared with the immigration department, and enrollment in these programs will not affect your immigration status.

Coverage includes

- Annual well checkups for babies, kids, and teens
- Prescription drugs
- Doctor visits
- Shots
- Dental care
- Vision care and glasses
- Mental health care
- Tests and X-rays
- Hospital stays
- ER care
- And more...

In addition, for children enrolled in Medicaid:

- Transportation to medical appointments
- Specialized treatments and services for children with special health care needs

Visit coverva.org for an easy-to-use screening tool.

It’s quality health insurance for your children at no cost

With FAMIS and children’s Medicaid, there are no enrollment costs, monthly premiums, or co-payments for the health service your child receives.

Note: Native Americans and Alaskan Natives do NOT have any co-payments for any services.

FAMIS Program Income Limits* (Gross Income)

Qualifying for FAMIS or children’s Medicaid also depends on household income and family size. For your family size, count the number of people included on your federal taxes. If you don’t file taxes, count how many children and stepchildren under age 19 live in your home. Add yourself if you are the mother, father, or stepparent of the children. Then add your husband or wife. For example, if you have 2 children and/or stepchildren under age 19 living in your home, plus yourself and your husband, your family size is 4. We determine eligibility based on monthly income before taxes and deductions. The current monthly income limit for a family size of 4 is $4,741.

*Effective January 13, 2022. Income limits change annually so check coverva.org for the latest updates. Gross income is your income before taxes and deductions.

Visit coverva.org for an easy-to-use screening tool.

To be eligible for FAMIS or children’s Medicaid, your child must:

- Live in Virginia
- Be under the age of 19
- Be a U.S. citizen or a lawfully residing immigrant (a parent’s immigration status is not considered)
- Have a family income (before taxes and deductions) within the FAMIS limit (see chart)

For FAMIS only:

- Children must also be uninsured at the time you apply