








# Compare health plans

Read the **added benefits** that each health plan offers. Members should call the health plan to learn more.  
For questions, call us toll free at **1-800-643-2273** (TTY: 1-800-817-6608).

<div> <b>Aetna Better Health<sup>®</sup> of Virginia</b> <b>1-800-279-1878</b>   TTY: 711 <a href="http://AetnaBetterHealth.com/Virginia">AetnaBetterHealth.com/Virginia</a></div> <div><b>Adult vision and hearing</b><ul style="list-style-type: none"><li>1 eye exam, \$125 for glasses or contacts per year</li><li>1 hearing exam, \$1,500 for hearing aids, 60 batteries per year</li></ul><b>Healthy moms and kids</b><ul style="list-style-type: none"><li>300 free diapers, virtual baby showers, portable cribs, \$25 monthly for mom and baby</li><li>Free swim lessons, sports physicals</li><li>24/7 lactation and doula support</li><li>\$20 monthly for period products</li><li>\$200 for youth activities and sports</li></ul><b>Phone and online tools</b><ul style="list-style-type: none"><li>Free smartphone, with unlimited minutes, text, and 5 GB data</li></ul><b>Wellness programs</b><ul style="list-style-type: none"><li>Weight management program</li><li>\$50 monthly for groceries for members who qualify (\$600 per year)</li></ul><b>Other benefits</b><ul style="list-style-type: none"><li>15 free round-trip rides per year</li><li>14 meals after hospital stay</li><li>GED certificate incentive, plus extra \$500 for higher ed, trade, or military</li><li>Free mattress cover, pillowcase and \$150-\$400 per year for carpet cleaning for asthma</li><li>\$250 for ESL classes</li><li>\$300 for legal supports</li></ul></div>	<div> <b>Anthem HealthKeepers</b> <b>1-800-901-0020</b>   TTY: 711 <a href="http://anthem.com/vamedicaid">anthem.com/vamedicaid</a></div> <div><b>Adult vision and hearing</b><ul style="list-style-type: none"><li>1 eye exam, up to \$200 for glasses or contacts per year</li><li>Adult hearing exam, \$2,000 for hearing aids, 60 batteries per year</li></ul><b>Healthy moms and kids</b><ul style="list-style-type: none"><li>Up to \$300 gift card for baby items (diapers, car seat, and more)</li><li>\$100 gift card for youth club membership</li><li>\$35 Barnes &amp; Noble card for books</li><li>\$400 for period products</li></ul><b>Phone and online tools</b><ul style="list-style-type: none"><li>Free smartphone, with unlimited minutes, text, and data</li></ul><b>Wellness programs</b><ul style="list-style-type: none"><li>\$120 for Weight Watchers (WW)<sup>®</sup></li><li>24/7 doctor video visits</li><li>\$400 healthy grocery gift card</li><li>Mental health programs</li></ul><b>Other benefits</b><ul style="list-style-type: none"><li>24 round-trip non-medical rides</li><li>56 meals after hospital stay</li><li>\$120 in GED testing vouchers</li><li>2 items from Healthy Lifestyle Aids catalog (BP cuff, scale, reacher, etc.)</li><li>1 item from Asthma/COPD Catalog</li><li>\$400 for over-the-counter supplies</li><li>\$100 for employment support</li></ul></div>	<div> <b>Humana</b> Healthy Horizons<sup>®</sup> in Virginia <b>1-844-881-4482</b>   TTY: 711 <a href="http://humana.com/HealthyVirginia">humana.com/HealthyVirginia</a></div> <div><b>Adult vision and hearing</b><ul style="list-style-type: none"><li>1 eye exam, up to \$150 for glasses or contacts per year</li><li>1 hearing exam per year, hearing aids every 3 years, 60 batteries per year</li></ul><b>Healthy moms and kids</b><ul style="list-style-type: none"><li>Up to \$125 in maternal care rewards</li><li>Convertible car seat or portable crib</li><li>4 boxes of produce for pregnant moms</li><li>\$160 per year for childcare</li><li>\$250 for youth activities</li><li>Free yearly sports physicals</li><li>\$40 for haircuts for kids, ages 5-20</li></ul><b>Phone and online tools</b><ul style="list-style-type: none"><li>Free smartphone with unlimited minutes, text, 10 GB data monthly</li><li>24/7 doctor video visits</li><li>Echo Dot<sup>®</sup> for dementia support</li></ul><b>Wellness programs</b><ul style="list-style-type: none"><li>Weight management and financial coaching</li></ul><b>Other benefits</b><ul style="list-style-type: none"><li>Up to \$95 for health plan onboarding activities</li><li>\$65 per quarter for OTC supplies</li><li>30 free round-trip rides per year</li><li>Up to 56 meals delivered to home after hospital stay</li><li>Virtual GED test prep assistance</li><li>Fall prevention kit</li></ul></div>	<div> <b>1-800-881-2166</b>   TTY: 711 Northern VA Kaiser Permanente members: <b>1-855-249-5025</b> <a href="http://SentaraHealthPlans.com/members/medicaid">SentaraHealthPlans.com/members/medicaid</a></div> <div><b>Adult vision and hearing</b><ul style="list-style-type: none"><li>1 eye exam, \$100 for frames per year</li><li>1 hearing exam, fitting, and up to \$2,000 for hearing aids per year</li></ul><b>Healthy moms and kids</b><ul style="list-style-type: none"><li>400 free diapers</li><li>Grocery card for pregnant moms</li><li>Free yearly sports physicals</li><li>\$20 quarterly for period products</li><li>Free baby monitor, sleep sack, or pack-n-play (restrictions apply)</li></ul><b>Phone and online tools</b><ul style="list-style-type: none"><li>Up to \$25 for iPad or tablet cover (restrictions apply)</li></ul><b>Wellness programs</b><ul style="list-style-type: none"><li>Up to \$50 wellness rewards</li><li>Weight management</li></ul><b>Other benefits</b><ul style="list-style-type: none"><li>24 free round-trip non-medical rides</li><li>56 meals after hospital stay</li><li>Up to \$275 for GED prep, test</li><li>Up to \$75 for college application help (restrictions apply)</li><li>Free mattress cover, pillowcase for asthma and COPD</li><li>\$30 quarterly for adult incontinence products</li><li>24 free round-trip rides for LTSS caregivers (restrictions apply)</li></ul></div>	<div> <b>1-844-752-9434</b>   TTY: 711 <a href="http://uhccp.com/virginia">uhccp.com/virginia</a></div> <div><b>Adult vision and hearing</b><ul style="list-style-type: none"><li>1 eye exam per year, glasses 2 years</li></ul><b>Healthy moms and kids</b><ul style="list-style-type: none"><li>Up to \$100 in maternal health rewards</li><li>Up to 500 free diapers for new moms</li><li>Meals sent home after delivery</li><li>Free period underwear</li><li>Up to \$100 vaccine incentives at Footlocker<sup>®</sup> or Walmart<sup>®</sup> up to age 18</li><li>Free Boys &amp; Girls Club membership</li><li>Free yearly sports physicals</li></ul><b>Phone and online tools</b><ul style="list-style-type: none"><li>Low-cost smartphone with 3000 mins, unlimited texts, 4.5 GB data monthly</li><li>Self Care<sup>®</sup> app for mental health</li><li>24/7 doctor video visits</li></ul><b>Wellness programs</b><ul style="list-style-type: none"><li>Free gym membership to 300+ gyms &amp; YMCAs; free virtual fitness options</li><li>13 Weight Watchers (WW)<sup>®</sup> vouchers</li><li>Up to \$50 healthy rewards</li></ul><b>Other benefits</b><ul style="list-style-type: none"><li>12 free round-trip rides to places of worship, grocery, DMV, DSS, library</li><li>14 meals after hospital stay</li><li>Unlimited support to get GED, ages 18+</li><li>Housing application reimbursement</li><li>Mattress cover &amp; pillowcase for asthma</li></ul></div>
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