

Virginia Department of Medical Assistance Services

FAMILY AND INDIVIDUAL SUPPORT (FIS) WAIVER

FACT SHEET - 2025

What is FIS Waiver?

The Family and Individual Support (FIS) Waiver [1915 (c)] provides care in the home and community rather than in an Intermediate Care Facility for Individuals with Intellectual Disability (ICF/IID) or other specialized care medical facility. FIS waiver is managed jointly between DMAS and DBHDS. DMAS is the state Medicaid Authority and DBHDS maintains day-to-day operations for the DD Waivers. The FIS waiver is for children and adults who may live with their family, friends, or in their own homes. Some individuals may need supports with some medical and/or behavioral needs.

Eligible Population

For children and adults who:

- Meet the ICF/IID level of care criteria;
- Require waiver services within 30 days
- Have a diagnosis of a developmental disability.
- Be determined that community-based services under the waiver are the critical services that enable the individual to delay or avoid placement in an ICF or promote exiting from either an ICF or other institutional placement.

Covered Services

- [Assistive Technology](#)
- [Benefits Planning](#)
- [Companion Services-Agency and Consumer-Directed](#)
- Meaningful Day: [Community Coaching](#), [Community Engagement](#) and [Community Guide](#)
- Crisis Services: [Community Based](#), [Center Based](#), [Crisis Support Services](#)
- [Electronic Home-Based Supports](#)
- [Employment & Community Transportation](#)
- [Group Day Support Services](#)
- [Environmental Modifications](#)
- [Peer Mentor Supports](#)
- [Personal Emergency Response System](#)
- [Personal Assistance-Agency and Consumer-Directed](#)
- [Respite-Agency and Consumer Directed](#)
- [Services Facilitation](#)
- [Individual and Family/Caregiver Training](#)
- [Skilled](#) and [Private Duty Nursing](#)
- [Group and Individual Supported Employment](#)
- Residential Services: [Shared Living](#), [Shared Living](#), [In-Home Supports](#), [Supported Living](#)
- [Transition Services](#)
- [Therapeutic Consultation](#)
- [Workplace Assistance](#)

Waiver Enrollment and Expenditures

Community Services Boards conduct screenings and assess the individual prior going on the developmental disabilities waitlist. Visit the DMAS Waiver Utilization and Expenditures Dashboard at <https://dmas.virginia.gov/data-reporting/programs-services/waiver-services/>

Reimbursement Rates

Waiver reimbursement rates can be found on the DMAS website at: <https://dmas.virginia.gov/for-members/benefits-and-services/waivers/developmental-disability-dd-waivers/>

Regulatory Basis: [12VAC30-122](#) Community Waiver Services for Individuals with Developmental Disabilities.

Provider Manual: [Developmental Disabilities Waivers \(BI, FIS, CL\) Services | MES \(virginia.gov\)](#)

Waiver Application: [VA Family and Individual Support Waiver \(0358.R05.00\) | Medicaid](#)

